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## HOW TO TAKE OFF REUSABLE GLOVES

It's important to use reusable gloves the right way to **protect yourself** against chemical\* or biological\* risks.



To be **better protected**, learn how to take your gloves off in the **correct way**.

### DON' T FORGET

- The gloves are **personal**. Do not lend them to another person. You can identify them with a marker at the top of the cuff for example.
- Put your gloves on with **clean & dry hands**
- **Inspect** the gloves before using them
- Avoid jewellery & long nails
- **Wash your gloves** (to avoid risk of contamination)
- Take off your gloves if they are damaged and dispose of

\* Depending on the glove you use, please see the technical data sheet to know the proper use & the standards



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## COURSE OF ACTION



1. Wet your gloved hands with clear water and then apply soap.



2. Rub your hands concentrating on the palm, the back and between the fingers.



3. Rinse thoroughly.



4. Pull on the fingers of one glove to release your hand without removing the glove, repeat on the 2nd glove.



5. Grab both gloves with one hand without touching the outside of them.



6. Hang them out to dry and then wash your hands.